



**NPS International School**

# **Sports and Athletics Programme**



# How far you go is often a result of where you start.

Sports plays an important role in a student's development as it helps build and strengthen character. Through participation in sports, students accept challenges and take risks. As they develop resilience and a sense of personal and social responsibility, they are increasingly able to become more independent and contribute to the well-being of those around them and their environment. Participating in the programme gives the students an opportunity to strengthen their bonds within and outside the NPSI community.

NPS International School believes in the holistic development of each student. The NPSI Sports Program is designed to provide students with the knowledge, attitudes, skills and confidence to pursue a healthy lifestyle.





# Vision

The NPSI Sports Programme's primary commitment is to provide an opportunity for students to fully develop their athletic potential. Through practice, training and competition, the Programme seeks to instil in each student:

Good sportsmanship and personal integrity

Loyalty and the ability to function with others as a team

Appreciation for the benefits of hard work, and motivation and perseverance in both winning and in adverse situations

Pride in accomplishments gained through fair and honest means

# Mission

## **Student-Athlete Welfare**

To provide each student with the opportunity to grow personally and enjoy a positive experience at NPS International School and within the athletic community

## **Sportsmanship**

To respect our fellow competitors, teammates, coaches and officials;  
To provide opportunities to integrate and collaborate with the local community through sports and wellness programmes

## **Diversity**

To provide diverse opportunities for individuals on the basis of merit, and to provide appropriate facilities and resources equitably





# Levels of Participation



## Physical education during school hours

Conducted by NPSI's staff and a compulsory part of the curriculum.

## Extra-curricular Programme After School Hours

Specialized coaching is conducted by trained coaches after school hours. These activities are optional and entail payment.

## Interschool Competitions

NPSI encourages participation in interschool and community competitions both for individual and team sports. School representative teams may be exposed to additional intensive coaching after school hours.

## Sports Academy

Weekend sports academies are other opportunities for those who wish to train more and hone their skills. These may entail additional fee payment.

# Competitive Teams and counting...



**Basketball**  
Girls

**Football**  
Boys  
U-09

**Cricket**  
Boys

U-9  
U-10  
U-11  
U-12

U-11  
U-12  
U-14  
U-15  
U-16

**Tennis**  
Girls  
U-11  
U-14

U-10  
U-11  
U-12  
U-14

**Badminton**

Girls  
U-11  
U-12

**Badminton**  
Boys  
U-10  
U-11  
U-12

**Tennis**  
Boys  
U-11  
U-14

**Basketball**

Boys  
U-11  
U-12  
U-14  
U-15  
U-16

**Cricket**  
Girls  
U-15

**Football**  
Girls  
U-11  
U-12  
U-14  
U-16



# Sports Achievements

## Badminton

- U-11 Boys Division 1, ACSIS Season 2 - Champion
- U-11 Boys Division 3, ACSIS Season 2 - Champion
- U-11 Girls Division 1, ACSIS Season 2 - Champion
- U-12 Boys Division 1, ACSIS Season 1 - Champion
- U-12 Girls Division 1, ACSIS Season 1 - Champion
- U-14 Girls Division 2, ACSIS Season 1 - Champion



**Cross Country**  
U-11 Boys, ACSIS Season 1 -  
Second Runners Up



## Football

- U-12 Boys Division, ACSIS Season 3 -  
Champion



## Tennis

- U-11 Boys ACSIS 2014-15 Season 1, Division 1 - Runners Up
- U-11 Girls ACSIS 2014-15 Season 1, Division 1 - Runners Up
- U-14 Boys ACSIS Season 3 Division 2 - Champion
- U-14 Girls ACSIS Season 3 - Champion

## Cricket

- U-9 Tigers, 2014 Australian International School Sharks Cricket Sixes Tournament - Champion
- U-12, ACSIS Cricket Tournament 2014-2015 Division 1 - Champion
- U-12, Jaguars ACSIS Cricket Tournament 2014-2015 Division 2 - Champion
- U-12 Lions, 2014 Australian International School Sharks Cricket Eights Tournament - Champion
- U-14, Mariners' Cricket Eight's Lloyd's Register Challenge Cup 2014 - Champion



# Annual Sports Day





# Sports Awards

Started in 2012, the Sports Awards Function is held annually to honour the best student athletes of NPSI. It is a night where sportsmanship is recognized and camaraderie celebrated.



I have been a part of the school football team for over 3 years now. Captains, coaches and team members have changed, but our ideology has remained the same. Play as a team and play fair.

- Atishray Malhan

Nothing makes us prouder than being able to stand shoulder to shoulder with our team mates.

- Kavitha Kartikeyan

We are never behind the 'boys' when it comes to bringing glory to our school. Girls, boys, we all come together as we work together in our respective sports to bring glory to the school.

- Vanshika Khandelwal

As part of the school team we forget the 'I's and 'you's and focus only on the 'we's' It is an honour to represent the school and bring glory to it.

- Eshaan Bhosly

I love how everyone gets an opportunity to showcase his or her talents through the selection process. Who knows, we might just find the next Messi, Lebron or Sachin in our the classes.

- Vibhu Sharma

I have a passion for football. And NPS provides me with the opportunity to live it.

- Nina Jois



The thrills of playing gets my blood pumping through my veins and my adrenaline rushing. Nothing else can match that level of excitement.

-Tanmay Chavan

I love playing for the team and the support we get from the audience. Here at NPS, people motivate and encourage sportsmen to give their best.

- Kashmir Kalsi

We watch the stars on our tv screens, take pride in their batting and bowling, and feel the joy when they win. And now, that 'watching' has led to my 'playing' NPS, with its enormous resources in sports, allowed me to follow my interests.

- Rohit Thota





**NPS**

**NPS International School**

*Reach High, Reach Out and Reach Beyond.*

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